



INFORMED CONSENT TO CHIROPRACTIC TREATMENT

- **The nature of the chiropractic manipulation**

Your manipulations are performed by hand or a mechanical instrument upon your body in such a way to move your joints. The manipulation can produce an audible “click” or “pop” much like when you have “cracked” your knuckles. You should realize that your bones are not “cracking”, but rather gases are being released from the joint and producing sound.

- **The material risks inherent in chiropractic manipulation**

As with any health care procedure, there are certain complications which can arise during a chiropractic manipulation. Those complications include: fracture, dislocations, muscle strain, costovertebral (rib) strains and separations, and cervical myelopathy. Some types of manipulations of the neck have been associated with injuries to the arteries in the neck leading to or contributing to serious complications including stroke and death. Stiffness and soreness can be experienced following manipulation.

- **Other treatments**

In addition to chiropractic manipulation, the following physiotherapy may be used to enhance your recovery and healing. These include: hot/cold packs, interferential/electric muscle stimulation, ultrasound, and intersegmental traction. These treatments involve the following risks: spreading of unknown infection, burns, and electrical shock.

- **Availability of other treatments**

Other treatment options for you condition include: over-the-counter medication and bed rest, prescription medication for pain, inflammation and muscle spasm, hospitalization, and surgery.

- **The material risks and probability of risks occurring in other treatments**

Professional literature describes highly undesirable effects from long-term use of over-the-counter medications. The probability of such complications arising is dependent upon the patient’s general health, type of medication prescribed, and the amount and length of time taken.

- **The risks of remaining untreated**

Remaining untreated can lead to disc problems, arthritis, and neurological complications.

Remaining untreated after an injury allows for the formation of adhesions from scar tissue resulting in decreased joint mobility. Decreased joint mobility can lead to neurological complications, pain, stiffness, and diminished blood flow most commonly resulting in arthritis.

By signing below, I acknowledge I have read the above explanations of chiropractic manipulation, treatment, and risks. I have weighed the risk involved in treatment and give my consent to the doctor listed below to perform the treatment. I also acknowledge no guarantee or assurance as to the results that can be obtained from the recommended treatment.

Printed name _____

Signature _____

Date _____